

MON	TUES	WED	THURS	FRI	SAT	SUN
6:30AM - 7:15AM SPIN JEN		6:30am - 7:15am SPIN ALLIE		6:30am - 7:15am SPIN JEN	8:30am - 9:30am STRENGTH TRAINING- ALL LEVELS (Yoga Studio) MARITZA	
8:30AM - 9:30AM BODY SCULPT & STRETCH EXPRESS SILVINA	8:30AM - 9:30AM PILATES & STRETCH EXPRESS SILVINA	7:30am - 8:30am PILATES ALLIE	8:30am - 9:30am POWER PILATES Lisa	8:30am - 9:30am PILATES & STRETCH express SILVINA		9:45am - 10:30am SPIN Lisa
	9:30AM - 10:30AM TOTAL BODY MARIE D.	9:30am - 10:30am YOGA ANNA	9:30am - 10:30am TOTAL BODY TBA	9:30am - 10:30am ZUMBA VANESSA	8:30am - 9:30am CHILSEL-IT (Main Studio) Tracy	10:00am - 11:00am ZUMBA GUSTAVO
12:30PM - 1:15PM CARDIO FUSION CHELENE		12:30pm - 1:15pm ZUMBA LAURETTA	12:30pm - 1:15pm STEP N' SCULPT MARIE D.	12:30pm - 1:15pm SCULPT-IT MARIE D.	9:45am - 10:30am SPIN Lisa	
5:30PM - 6:30PM STEP N' SCULPT SHPRESA	5:30PM - 6:30PM ZUMBA BLANCA	5:30pm - 6:30pm CORE & MORE JESSY	5:30pm - 6:30pm ZUMBA LAURETTA		10:00am - 11:00am HIIT JOAN	
5:30PM - 6:15PM SPIN MICHELLE		6:30pm - 7:30pm KICK BOXING JOAN	6:30pm - 7:30pm T.U.F.F FINALE	5:30pm - 6:30pm YOGA JESSY	11:00am - 12:00pm ZUMBA LAURETTA	
6:30PM - 7:30PM HIIT JOAN	6:30PM - 7:15PM SPIN ASHLEIGH	6:30pm - 7:15pm SPIN ALLIE	6:30pm - 7:15pm SPIN LESLIE	6:30pm - 7:30pm ZUMBA & ABS EXPRESS ISRAEL		
7:30PM - 8:30PM ZUMBA PAULINA	7:30PM - 8:30PM ZUMBA ISRAEL	7:30pm - 8:30pm HIIT FINALE	7:30pm - 8:30pm ZUMBA BLANCA			